

MOUNT VERNON REHABILITATION AND MEDICINE ASSOCIATES

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We are Physiatrists!

Physiatrists, better known as rehabilitation physicians, are nerve, and bone experts who treat injuries or illnesses that affect how you move.

Rehabilitation physicians are medical doctors who have completed training in the medical specialty of physical medicine and rehabilitation (PM&R). Specifically, rehabilitation physicians.

- Diagnose and treat pain
- Restore maximum function lost through injury, illness or disabling conditions
- Treat the whole person, not just the problem area
- Lead a team of medical professionals
- Provide non-surgical treatments
- Explain your medical problems and treatment/prevention plan

The job of a rehabilitation physician is to treat any disability resulting from disease or injury, from sore shoulders to spinal cord injuries. The focus is on the development of a comprehensive program for putting the pieces of a person's life back together after injury or disease-without surgery.

Rehabilitation physicians take the time needed to accurately pinpoint the source of an ailment. They then design a treatment plan that can be carried out by the patients themselves or with the help of the rehabilitation physician's medical team. This medical team might include other physicians and health professionals, such as neurologist, orthopedic surgeons, and physical therapists. By providing an appropriate treatment plan, rehabilitation physicians help patients stay as active as possible at any age. Their broad medical expertise allows them to treat disabling conditions throughout a person's lifetime.

We provide services for patients with:

- Musculoskeletal/Spine problems
- Brain injury Trauma
- Spinal Cord Injury
- Neurological Disorders
- Amputation Rehabilitation
- Stroke Rehabilitation/Inpatient Rehab
- Orthopedic Trauma
- Work Related and Sports Injuries (Concussions)
- General Medical Rehabilitation
- EMG & Nerve Conduction Studies
- Injectable Medicine for Spasticity (Botox or Xeomin)
- Neurotoxin injections for Migraine Headaches
- Telemedicine Services
- Independent Medical Evaluations (IME)

Mount Vernon Rehabilitation Medicine Associates

Smoking Status:

- Never Smoked
- Former Smoker
- Current Every Day Smoker
- Current Heavy Smoker
- Unknown if Ever Smoked
- Smoker, Current Status Unknown
- Current Some Day Smoker
- Current Light Smoker

Alcohol Use:

- Never
- Rare
- Weekly
- Daily
- Heavy Use
- Current Light Smoker

Problematic Drug Use:

- Never
- Prior
- Current

Employment Status:

- Employed Student Retired Homemaker Unemployed Disabled

Occupation: _____

Ethnicity/Race:

- American Indian or Alaska Native
- Hispanic or Latino
- Asian
- Black or African American
- Native Hawaiian or Pacific Islander
- White
- Decline to Answer
- Other:

Preferred Language:

- English
- Spanish
- Other:

Is there anything else you would like us to know?

Consent regarding payment/insurance:

I hereby authorize Mount Vernon Rehabilitation Medicine Associates to apply for benefits on my behalf for covered services rendered. I certify that the information I have reported with regard to my insurance coverage is correct. I further authorize the release of all information necessary to secure payment of benefits to my insurance company or health care program.

I understand that I am financially responsible for any and all charges on my account whether or not paid by my insurance plan.

Patient Signature: _____ Date: _____